





















March 2022



February '22							April '22						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28						24	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	1  <p>March 1st Stay Safe this winter Jalyn @ Spectrs Care</p>	2 	3	4 REST RELAX AND RECHARGE 	5
6	7 WAL-MART AFTER LUNCH 	8 11:00 AM	9  <p>Nutrition Ed Go Green</p>	10 CALL A FRIEND 	11 TIME CHANGE THIS WEEKEND	12 SET CLOCKS FORWARD 1 HOUR WHEN YOU GO TO BED!
13 CHANGE TIME MOVE FORWARD 1 HOUR 	14  <p>Is it monday already? Hope you have a great week!</p>	15 STAY HYDRATED 	16  <p>ANGIE from Crowne 11AM</p>	17 ST. PATRICKS DAY WEAR GREEN	18 Fabulous Friday 	19
20 1ST DAY OF SPRING 	21 SIT AND TALK WITH A FRIEND 	22  <p>11:00 AM</p>	23  <p>NAIL SALON 9AM</p>	24  <p>NUTRITION ED. HEALTHY SNACKING</p>	25 PENNY AUCTION 11:00 AM 	26
27	28 WE APPRECIATE YOU 	29	30 TAKE A WALK 	31  <p>TINA So. Care Hospice 11AM</p>	1 HERE COMES APRIL	2
3	4	Notes JAXON LIFE SENIOR CENTER 334-232-7813  DATES ARE SUBJECT TO CHANGE. WE APPRECIATE YOU				